

TEZSPIRE is an add-on maintenance treatment for people aged 12 and older with severe asthma. TEZSPIRE is not a rescue medication.



## Your Personal Doctor Discussion Guide



- ▶ While triggers are often outside of your control, TEZSPIRE can help you better control your asthma and help prevent attacks.
- ▶ If you're regularly having asthma attacks, your current asthma medication may not be enough.
- ▶ Talk to your doctor to see if TEZSPIRE is the next step in your treatment plan.

### Identify some of your triggers and symptoms

#### Your asthma triggers

- Pollen    Humid air    Exhaust fumes    Smoke    Strong smells  
 Cold air    Pet dander    Smog    Viral infections    Weather changes

	Never	Once a month	Once a week	2(+) times a week
Chest tightness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wheezing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coughing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Use of a rescue inhaler	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nighttime awakenings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other \_\_\_\_\_

Please note any additional symptoms on the reverse side.

You're ready to go! Talk to your doctor about all of your asthma symptoms and triggers. If you continue to experience symptoms regularly, it may be a sign that your severe asthma is uncontrolled.

### Share your recent asthma history

In the past 12 months, I have had an asthma attack that led me to...



Take Steroids



Visit an urgent care center or ER

### Discuss your asthma management goals

What I want from my asthma treatment is...

- ★ Fewer asthma attacks
- ★ Better breathing and improved lung function
- ★ Relief from asthma symptoms

### IMPORTANT SAFETY INFORMATION

Do not use TEZSPIRE if you are allergic to tezepelumab-ekko or any of its ingredients.

Do not use to treat sudden breathing problems.

TEZSPIRE may cause serious side effects, including:

- **allergic (hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen after your TEZSPIRE injection. Allergic reactions can sometimes happen hours or days after you get a dose of TEZSPIRE. Call your healthcare provider or get emergency help right away if you get any of the following symptoms of an allergic reaction:
  - rash
  - breathing problems
  - hives
  - red, itchy, swollen, or inflamed eyes
  - swelling of your face, mouth, and tongue
  - fainting, dizziness, feeling lightheaded

Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a "live vaccine" if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if TEZSPIRE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you use TEZSPIRE.
- are taking prescription and over-the-counter medicines, vitamins, or herbal supplements.

Please see additional Important Safety Information on the reverse side and accompanying full Prescribing Information, including Patient Information and Instructions for Use.

