

TEZSPIRE is an add-on maintenance treatment for people aged 12 and older with severe asthma.  
TEZSPIRE is not a rescue medication.

# My TEZSPIRE<sup>®</sup> (tezepelumab-ekko) Injection Journey Resource for Self-Administration

Information and support for getting started with self-injection  
for patients prescribed TEZSPIRE Pre-filled Pen



This resource is intended to provide patients with basic information about the injection steps for TEZSPIRE Pre-filled Pen and does not replace the [Instructions for Use](#). Before using your TEZSPIRE Pre-filled Pen, your doctor should show you or your caregiver how to use it the right way. Please read the [Instructions for Use](#) for detailed information prior to each injection. If you have further questions, please consult your doctor.

## Important Safety Information

Do not use TEZSPIRE if you are allergic to tezepelumab-ekko or any of its ingredients.

Do not use to treat sudden breathing problems.

TEZSPIRE may cause serious side effects, including:

- **allergic (hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen after your TEZSPIRE injection. Allergic reactions can sometimes happen hours or days after you get a dose of TEZSPIRE. Call your healthcare provider or get emergency help right away if you get any of the following symptoms of an allergic reaction:
  - o rash
  - o red, itchy, swollen, or inflamed eyes
  - o breathing problems
  - o swelling of your face, mouth, and tongue
  - o hives
  - o fainting, dizziness, feeling lightheaded

Please see [Important Safety Information](#) on page 19, and read full [Prescribing Information](#), including Patient Information and [Instructions for Use](#).

 **TEZSPIRE<sup>®</sup>**  
(tezepelumab-ekko) Subcutaneous  
Injection 210 mg



# Getting started with your TEZSPIRE® (tezepelumab-ekko) Pre-filled Pen

When you're prescribed TEZSPIRE, you might not know what to expect. You may have questions or feel uncertain about the process, and you want to get it right. With practice, you can begin to feel more confident and comfortable with the process.

Carefully review this educational booklet, which offers helpful information, including:

- ▶ Key injection steps
- ▶ Resources and tools
- ▶ Helpful advice
- ▶ Answers to frequently asked questions

Clear a space for the materials you need. It may also help to read through all the information in this booklet before you start.

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## Important Safety Information (cont'd)

Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a "live vaccine" if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if TEZSPIRE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you use TEZSPIRE.
- are taking prescription and over-the-counter medicines, vitamins, or herbal supplements.

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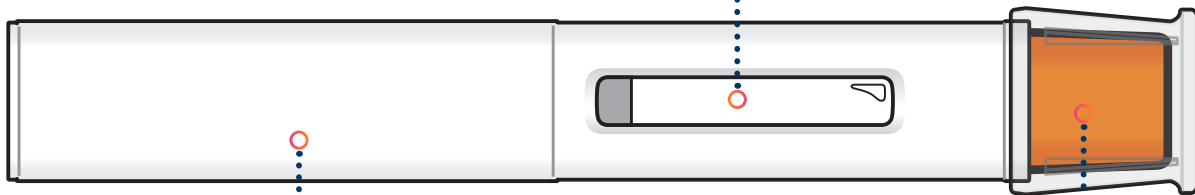
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# Get to know your TEZSPIRE® (tezepelumab-ekko) Pre-filled Pen

Before using your TEZSPIRE Pre-filled Pen, your doctor should show you or your caregiver how to use it the right way. Please read the [Instructions for Use](#) for detailed information prior to each injection.

## Viewing window

Make sure the medication in the viewing window is clear and colorless to light yellow. It is normal to see small air bubbles in the liquid.



Label with expiry date

Cap with orange needle guard

**⚠ DO NOT** remove the cap until you are ready to inject.

**Before preparing to inject, check the expiry date and inspect the viewing window.**

**⚠ DO NOT** use if the pre-filled pen is damaged or if the expiry date has passed.

**⚠ DO NOT** use if the liquid is cloudy, discolored, or contains large particles.

## Important Safety Information (cont'd)

Do not change or stop taking your other asthma medicines unless instructed to do so by your healthcare provider.

The most common side effects of TEZSPIRE include: Sore throat, joint and back pain. These are not all the possible side effects.

### Approved Use

- TEZSPIRE is a prescription medicine used with other asthma medicines for the maintenance treatment of severe asthma in people 12 years of age and older whose asthma is not controlled with their current asthma medicine.
- TEZSPIRE helps prevent severe asthma attacks (exacerbations) and can improve your breathing.
- TEZSPIRE is not used to treat sudden breathing problems. Tell your healthcare provider if your asthma does not get better or if it gets worse after you start treatment with TEZSPIRE.
- It is not known if TEZSPIRE is safe and effective in children under 12 years of age.

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 **TEZSPIRE®**  
(tezepelumab-ekko) Subcutaneous Injection 210 mg

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# Ready your TEZSPIRE® (tezepelumab-ekko) Pre-filled Pen

## Before you take your medication:



Let your pre-filled pen come to room temperature between 68 °F to 77 °F (20 °C to 25 °C) for at least 60 minutes while keeping it in its original carton.



Your pre-filled pen can be safely stored outside the refrigerator at room temperature for up to 30 days.

If left out of the refrigerator for more than 30 days, throw it away in a sharps container.

**⚠ DO NOT** leave the pre-filled pen in your car.

**⚠ DO NOT** expose it to sunlight or other heat sources or warm or heat it up (like in the microwave).

**⚠ DO NOT** put it back in the refrigerator once it reaches room temperature.

## Gather materials for your injection:

- ▶ **TEZSPIRE Pre-filled Pen**
- ▶ **Alcohol wipe**
- ▶ **Cotton ball or gauze**
- ▶ **Bandage**
- ▶ **Sharps disposal container**

### ADVICE

If you do not have a sharps disposal container, you may be able to get one from your Specialty Pharmacy. Many offer them for free!

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  - o rash
  - o breathing problems
  - o hives
  - o red, itchy, swollen, or inflamed eyes
  - o swelling of your face, mouth, and tongue
  - o fainting, dizziness, feeling lightheaded

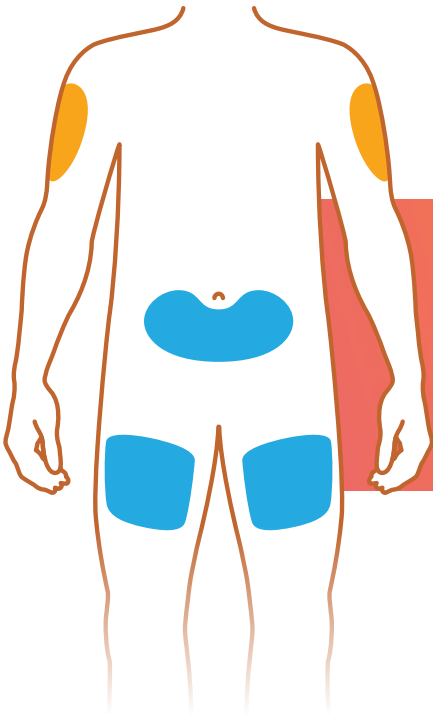
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## Select and clean the injection site



Only a caregiver may inject you in the upper arm.

Recommended self-injection sites for patients and caregivers are the upper arm (caregiver only), front of the thigh or the lower part of the stomach.

Wash your hands well with soap and water.

Clean the injection site with an alcohol wipe and let your skin dry on its own.

✓ **CHOOSE** a different site each time, at least 1 inch (3 cm) away from where you last injected

⚠ **DO NOT** inject into the 2-inch (5-cm) area around your belly button.

⚠ **DO NOT** inject where the skin is tender, bruised, scaly, or hard, or into scars or damaged skin.

⚠ **DO NOT** touch or blow on the cleaned area before injecting.

### ADVICE

- ▶ Use a diary or log to track your injection locations

### Important Safety Information (cont'd)

Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

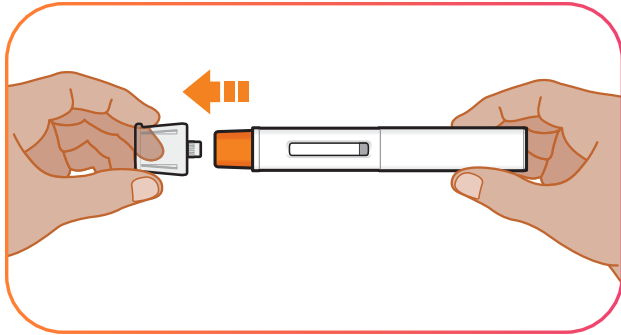
- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a "live vaccine" if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if TEZSPIRE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you use TEZSPIRE.
- are taking prescription and over-the-counter medicines, vitamins, or herbal supplements.

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## Remove the cap only when you're ready to inject



Carefully remove the cap straight off with one hand holding the body of the pen.

⚠️ **DO NOT** remove the cap **until you're ready to immediately inject** to keep the pre-filled pen clean and safe.

⚠️ **DO NOT** touch the needle guard—it could start the flow of the medicine.

⚠️ **NEVER** put the cap back on even after the injection.

### ADVICE

*Before you remove the cap, if you have questions:*

- ▶ Re-read the **Instructions for Use**
- ▶ Get support from **TEZSPIRE Together**. Call 1-888-TZSPIRE (1-888-897-7473), Mon-Fri, 8AM-9PM ET
- ▶ Speak to your healthcare provider



### Important Safety Information (cont'd)

Do not change or stop taking your other asthma medicines unless instructed to do so by your healthcare provider.

The most common side effects of TEZSPIRE include: Sore throat, joint and back pain. These are not all the possible side effects.

#### Approved Use

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- It is not known if TEZSPIRE is safe and effective in children under 12 years of age.

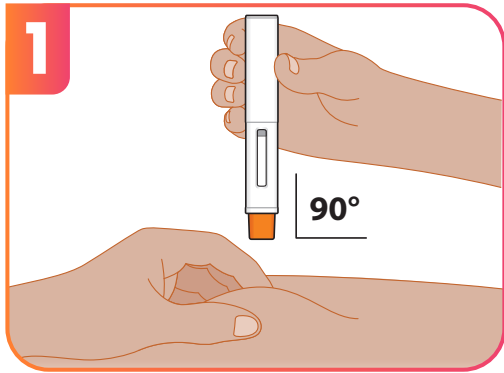
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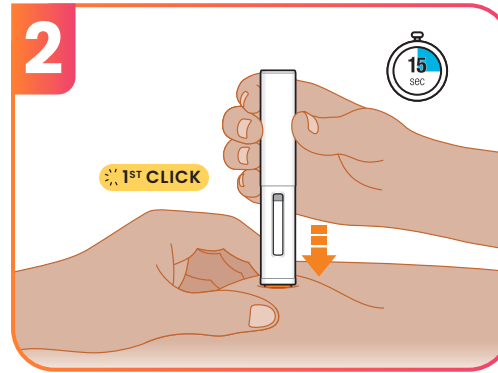
# Follow key injection steps: POSITION, PRESS & HOLD, CONFIRM

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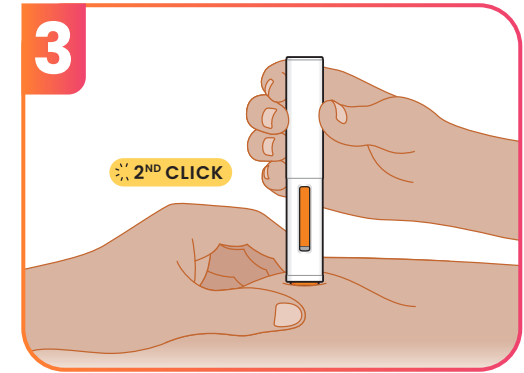
**POSITION** the pen with the needle guard straight toward the skin (90-degree angle).

- ▶ Make sure you can see the viewing window
- ▶ Follow your healthcare provider's instruction on how to inject. You can either gently pinch the skin at the injection site or give the injection without pinching the skin



**PRESS & HOLD** the pen down firmly against your skin for about 15 seconds.

- ▶ Make sure you cannot see the orange needle guard anymore
- ▶ You will hear the first "click," which means the injection has started. The orange plunger will move down in the viewing window



**CONFIRM** the viewing window turns completely orange.

- ▶ You will hear a second "click," which means the injection has finished
- ▶ Lift the pen straight up after you have completed your injection; the orange needle guard will slide down and lock into place

## Important Safety Information

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Do not use to treat sudden breathing problems.

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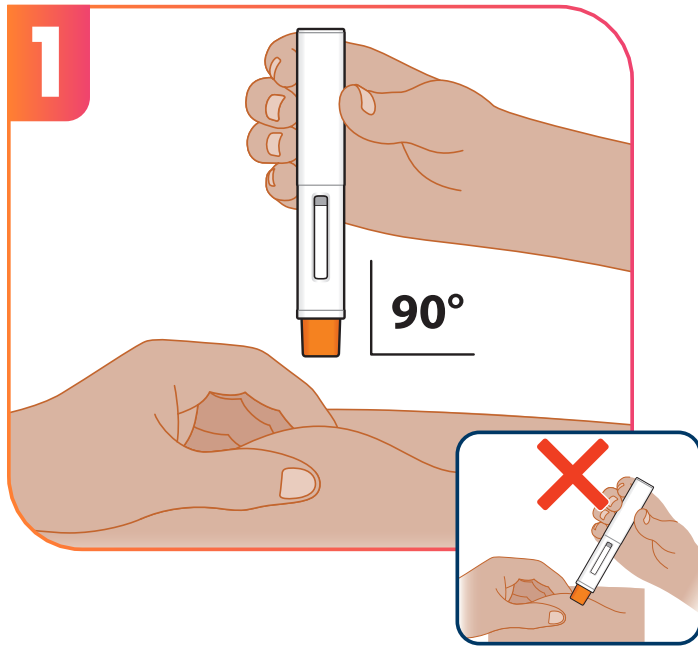
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(tezepelumab-ekko) Subcutaneous  
Injection 210 mg

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## Inject: POSITION

TEZSPIRE® (tezepelumab-ekko) is an add-on maintenance treatment for people aged 12 and older with severe asthma. TEZSPIRE is not a rescue medication.



**POSITION** the pen with the needle guard straight toward the skin (90-degree angle).

- ▶ Make sure you can see the viewing window
- ▶ Follow your healthcare provider's instruction on how to inject. You can either gently pinch the skin at the injection site or give the injection without pinching the skin

⚠ **DO NOT** press the pen onto your skin until you're ready to inject, as this starts the injection.

⚠ **DO NOT** position the pen at an angle. You may not be able to make full contact with the skin, and that can prevent you from receiving your full dose.

### ADVICE

*If you are pinching the skin, it's important to keep the skin pinched throughout the injection.*

### Important Safety Information (cont'd)

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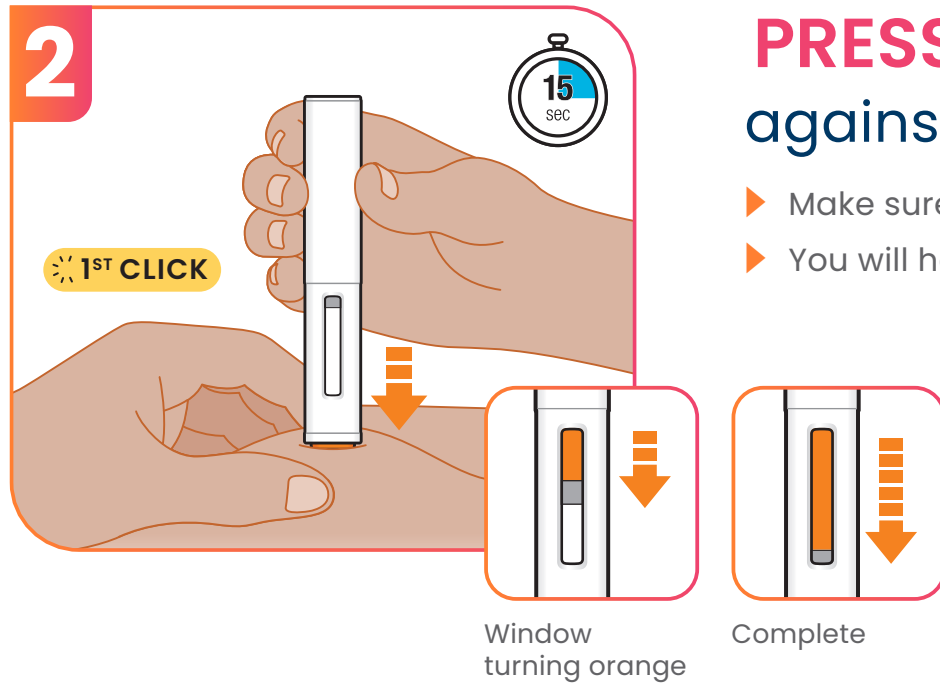
- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a "live vaccine" if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
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## Inject: PRESS & HOLD



**PRESS & HOLD** the pen down firmly against your skin for about 15 seconds

- ▶ Make sure you cannot see the orange needle guard anymore
- ▶ You will hear the first “click,” which means the injection has started

- ▶ You will see the orange plunger moving down in the viewing window during the injection

**⚠ DO NOT** change the position of the pre-filled pen after the injection has started and keep pressing down throughout the injection.

### Important Safety Information (cont'd)

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The most common side effects of TEZSPIRE include: Sore throat, joint and back pain. These are not all the possible side effects.

#### Approved Use

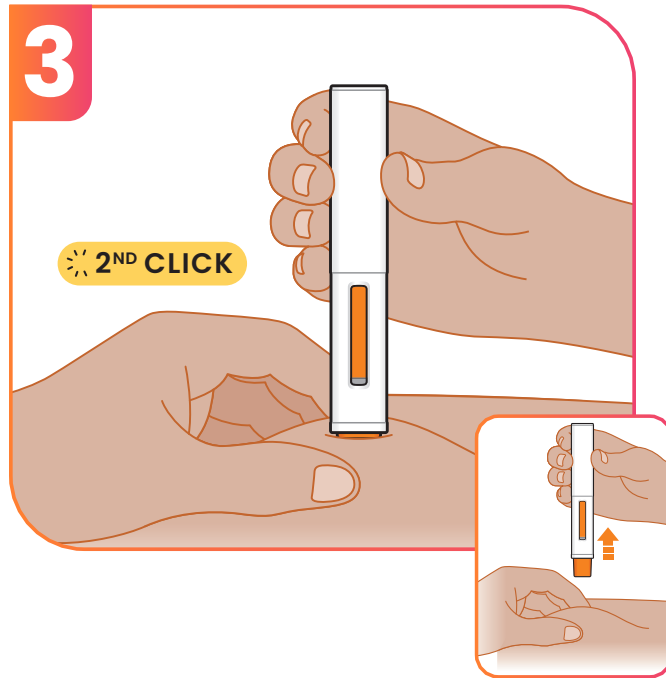
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## Inject: CONFIRM



### CONFIRM the viewing window turns completely orange.

- ▶ You will hear a second “click,” which means the injection has finished
- ▶ The orange needle guard will slide down and lock into place over the needle
- ▶ Lift the pen straight up after you have completed your injection

### ADVICE

- ▶ *Check again to make sure the viewing window is completely orange and you have received the full dose*
  - *If you have questions, contact your healthcare professional or the TEZSPIRE Together Nurse Line*
- ▶ *It can be normal to see a small amount of blood or liquid where you injected*

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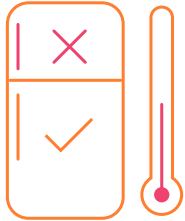
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# Proper storage and disposal of your TEZSPIRE® (tezepelumab-ekko) Pre-filled Pen



Refrigeration zone  
36°F to 46°F  
(2°C to 8°C)

## Storage guidelines

- ▶ When you receive your TEZSPIRE Pre-filled Pen, be sure to place it directly into the refrigerator
- ▶ Store it in the refrigerator between 36 °F to 46 °F (2 °C to 8 °C) in the original carton until ready to use

⚠ **DO NOT** freeze your pre-filled pen.



## Disposal guidelines

Put your used pen and cap in a sharps disposal container immediately after use.

⚠ **DO NOT** put the cap back on.

⚠ **DO NOT** throw away the pen in your household trash.

Put other supplies, like wipes and bandages, in your household trash.

## Important Safety Information (cont'd)

Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a "live vaccine" if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if TEZSPIRE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you use TEZSPIRE.
- are taking prescription and over-the-counter medicines, vitamins, or herbal supplements.

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## You know the process—now make it part of your routine

The next step is staying consistent and turning the injection process into a routine that works for you.

3 key steps for injection:

**POSITION, PRESS & HOLD, CONFIRM.**

### ADVICE

- ▶ *Set a reminder on your calendar or phone or use an injection log to write dates for your monthly injection*
- ▶ *Keep your support materials and the number for TEZSPIRE Together handy in case any questions come up the next time*

### Important Safety Information (cont'd)

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# Introducing TEZSPIRE® (tezepelumab-ekko) Together



Starting a new medication can be a bit confusing, and you might have questions about cost and support. That's why we created TEZSPIRE Together—to help make your treatment journey easier to manage, right from the start.

## TEZSPIRE Together is free and gives you access to:



Options that may help reduce your out-of-pocket costs for your treatment.



Available between 8AM–9PM ET to answer questions regarding TEZSPIRE injection.



The Asthma Symptom Tracker offers a simple way of tracking your symptoms by responding to daily text messages. You can access and share your monthly symptom report with your doctor through the portal.

### Ready to enroll and access support? 2 easy ways to get started:

- ▶ Online at [TezspireTogether.com](https://www.tezspiretogether.com)
- ▶ Call 1-888-TZSPIRE (1-888-897-7473)

\*For eligible commercially insured patients only. Eligibility criteria and program maximums apply. Visit [www.TEZSPIRETogether.com](https://www.TEZSPIRETogether.com) or call 1-888 TZSPIRE for full Terms and Conditions.

†Nurse educators are nurses by training, but they are not part of your treatment team or an extension of your doctor's office. Nurse educators will not inject patients with TEZSPIRE. You will be referred to your doctor's office for clinical advice.

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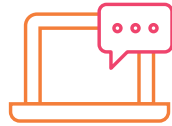
# Injection resources for you

You can find the [Instructions for Use](#) at [TEZSPIRE.com](#).



## Injection overview video

Hold your smartphone camera over the QR code to access the overview video or find it at [TezspireTogether.com/resources](https://TezspireTogether.com/resources).



## Online portal

Online support is always available to you. Visit [TezspireTogether.com](https://TezspireTogether.com).



## Live support on your treatment journey

- ▶ Educational resources
- ▶ Product support
- ▶ Nurse educators†

Call us at 1-888-TZSPIRE (1-888-897-7473), Mon-Fri, 8AM-9PM ET.

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## Frequently asked questions

### Temperature control and storage

#### What is the recommended way to store my pre-filled pen?

Store in the refrigerator between 36 °F to 46 °F (2 °C to 8 °C) in its original carton. **DO NOT** store in the freezer.

#### I left my pre-filled pen outside of the refrigerator. Is this okay?

Your pre-filled pen can be stored at room temperature (68 °F to 77 °F; 20 °C to 25 °C) for up to 30 days. **DO NOT** return it to the refrigerator once it has reached room temperature. If it's been longer than 30 days, throw it out in a sharps container.

#### Do I really have to wait 60 minutes for the pre-filled pen to reach room temperature before injecting?

Yes, so be sure to plan ahead. Do not warm the pre-filled pen in any other way. For example, do not warm it in a microwave or hot water, in direct sunlight, or near other heat sources.

### Preparing to inject

#### What should I do if the pre-filled pen looks cloudy or is damaged?

If your pre-filled pen looks cloudy, contains large particles, or is damaged in any way, do not use it. Throw it away in the sharps container and contact your doctor.

#### Why do I have to inject immediately after I remove the cap?

If you remove the cap before you are ready to inject, the needle may become damaged, or you may accidentally hurt yourself with it.



*(continued on next page)*

### Important Safety Information (cont'd)

Do not change or stop taking your other asthma medicines unless instructed to do so by your healthcare provider.

The most common side effects of TEZSPIRE include: Sore throat, joint and back pain. These are not all the possible side effects.

#### Approved Use

- TEZSPIRE is a prescription medicine used with other asthma medicines for the maintenance treatment of severe asthma in people 12 years of age and older whose asthma is not controlled with their current asthma medicine.
- TEZSPIRE helps prevent severe asthma attacks (exacerbations) and can improve your breathing.
- TEZSPIRE is not used to treat sudden breathing problems. Tell your healthcare provider if your asthma does not get better or if it gets worse after you start treatment with TEZSPIRE.
- It is not known if TEZSPIRE is safe and effective in children under 12 years of age.

Please see [Important Safety Information](#) on page 19, and read full [Prescribing Information](#), including Patient Information and [Instructions for Use](#).

 **TEZSPIRE**<sup>®</sup>  
(tezepelumab-ekko) Subcutaneous  
Injection 210 mg

TEZSPIRE is an add-on maintenance treatment for people aged 12 and older with severe asthma. TEZSPIRE is not a rescue medication.

## Frequently asked questions (cont'd)

### Injection site

#### Why do I have to change injection sites each time?

It is recommended to change injection sites with each injection to avoid irritation, discomfort, and to give the skin a chance to heal.

#### Should I pinch the skin to inject?

Follow your healthcare provider's instruction on how to inject. You can either gently pinch the skin at the injection site or give the injection without pinching the skin.

#### Can I adjust the position of the pen?

The pre-filled pen should be positioned at a 90° angle. Once you have started the injection, **DO NOT** change the position of the pre-filled pen.

### Disposal guidelines

#### What if I don't have a sharps container?

If you do not have a sharps disposal container, you can request one from your Specialty Pharmacy that fulfills your TEZSPIRE (tezepelumab-ekko) Pre-filled Pen prescription. You can also go to [www.fda.gov/safesharpsdisposal](http://www.fda.gov/safesharpsdisposal) to learn what may be used as an alternative.

#### Where do I dispose of a full sharps container?

When your sharps container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps container. For details and specific information about sharps disposal in your area, go to: [www.fda.gov/safesharpsdisposal](http://www.fda.gov/safesharpsdisposal).

**DO NOT** dispose of your used sharps disposal container in your household trash unless your community guidelines permit this.

**DO NOT** recycle your used sharps disposal container.

### Important Safety Information

Do not use TEZSPIRE if you are allergic to tezepelumab-ekko or any of its ingredients.

Do not use to treat sudden breathing problems.

TEZSPIRE may cause serious side effects, including:

- **allergic (hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen after your TEZSPIRE injection. Allergic reactions can sometimes happen hours or days after you get a dose of TEZSPIRE. Call your healthcare provider or get emergency help right away if you get any of the following symptoms of an allergic reaction:
  - o rash
  - o breathing problems
  - o hives
  - o red, itchy, swollen, or inflamed eyes
  - o swelling of your face, mouth, and tongue
  - o fainting, dizziness, feeling lightheaded

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# Traveling with your TEZSPIRE® (tezepelumab-ekko) Pre-filled Pen

If your injection day happens while you are traveling, it's important to plan ahead.

Use this information to help ensure you don't miss a dose.

## Shorter trips (less than 1 month)

▶ Your pre-filled pen can be stored at room temperature in its original carton for up to 30 days

⚠ **DO NOT** put it back in the refrigerator once it has reached room temperature.

▶ Make sure the carton is stored in a safe place where it won't be damaged or exposed to extreme temperatures or direct sunlight

▶ Pack what you need for injection, including:

- TEZSPIRE Pre-filled Pen
- Alcohol wipe\*
- Cotton ball or gauze\*
- Bandage\*
- Puncture resistant (sharps) disposal container

\*Make sure to keep these items clean when you travel.

## Longer trips (more than 1 month)

▶ Reach out to your doctor or pharmacist to discuss your options. You may be able to fill your prescription at your destination

⚠ **DO NOT** use a pre-filled pen that has been at room temperature for more than 30 days.

## Important Safety Information (cont'd)

Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

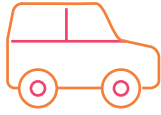
- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a "live vaccine" if you are treated with TEZSPIRE.
- are pregnant or plan to become pregnant.
- are breastfeeding or plan to breastfeed. It is not known if TEZSPIRE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you use TEZSPIRE.
- are taking prescription and over-the-counter medicines, vitamins, or herbal supplements.

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(tezepelumab-ekko) Subcutaneous Injection 210 mg

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## Car & air travel guidance



### Traveling by car

- ▶ Make sure your pre-filled pen is stored in the safe temperature zone between 68 °F to 77 °F (20 °C to 25 °C) where it won't be damaged

⚠ **DO NOT** leave your pre-filled pen in the car once you've reached your destination.

⚠ **DO NOT** expose it to direct sunlight or heat.

⚠ **DO NOT** put it back in the refrigerator once it has reached room temperature.



### Traveling by airplane

- ▶ Contact your airline about the carry-on policy for needles, syringes, or injection devices. Security regulations may change
- ▶ Research the injection device requirements of other countries you visit
- ▶ Bring a copy of your prescription or a doctor's note to show to airport security



### Airport security considerations

- ▶ Notify security screeners that you are carrying a sharps container
- ▶ Consider requesting a "hand check" of your medication kit to avoid any delays
- ▶ Make sure to keep your medication with you during the flight. Do not put your medication in your checked baggage

## Important Safety Information (cont'd)

Do not change or stop taking your other asthma medicines unless instructed to do so by your healthcare provider.

The most common side effects of TEZSPIRE include: Sore throat, joint and back pain. These are not all the possible side effects.

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# Important Safety Information

**Do not use TEZSPIRE** if you are allergic to tezepelumab-ekko or any of its ingredients.

Do not use to treat sudden breathing problems.

## TEZSPIRE may cause serious side effects, including:

- **allergic (hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen after your TEZSPIRE injection. Allergic reactions can sometimes happen hours or days after you get a dose of TEZSPIRE. Call your healthcare provider or get emergency help right away if you get any of the following symptoms of an allergic reaction:
  - rash
  - breathing problems
  - hives
  - red, itchy, swollen, or inflamed eyes
  - swelling of your face, mouth, and tongue
  - fainting, dizziness, feeling lightheaded

## Before using TEZSPIRE, tell your healthcare provider about all of your medical conditions, including if you:

- have ever had a severe allergic reaction
- have a parasitic (helminth) infection.
- have recently received or are scheduled to receive any vaccinations. You should not receive a “live vaccine” if you are treated with TEZSPIRE.
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You may report side effects related to AstraZeneca products by clicking [here](#).



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## If you need support, contact your doctor

Or call 1-888-TZSPIRE (1-888-897-7473)  
or go to [TezspireTogether.com](https://www.tezspiretogether.com)

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